

# ITT Leeds

(Independent Travel Training)

**Your journey starts here.**

Supporting young people who have learning difficulties or a disability, to travel independently



## What is ITT?

Independent Travel Training (ITT) is a service that can offer young people and adults training and support if they want to learn how to travel independently between home and school or college.



## Who is the training for?

ITT is for young people and adults who live in Leeds who have SEND (special educational needs and/or disabilities) and who attend school, college or an adult day centre. We also provide travel training to children who are looked after.



## Why take part in ITT?

It will help a young person or adult to learn the skills needed to make the journey between home and school or college independently by foot, bus or train.

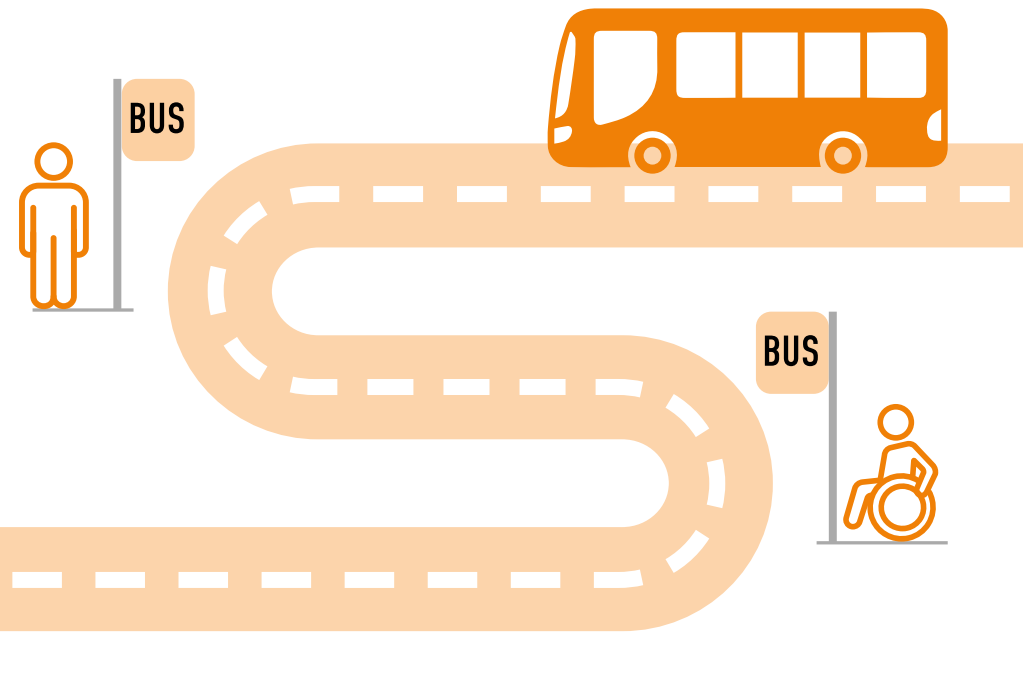
## What is to gain from ITT?

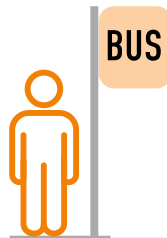
ITT enables a young person to travel independently to and from school or college. We can also offer ITT to adults who have disabilities.

### ITT can provide a person with vital life skills such as

- The ability to use buses and/or trains
- Road safety
- Increased confidence while out and about
- The ability to plan and learn a route
- The ability to handle money and tips on who to ask for help.
- Being safe

These skills will also help with access to other social and leisure opportunities. This enables confidence, independence and contributes towards a healthy and fulfilled lifestyle.





### **Where will the training take place?**

ITT is delivered by Travel Buddies or staff at a persons school or college. Travel training will take place on the safest route from home to school/college. This may not always be the quickest route.

### **How long does ITT take?**

All training is personalised to meet a persons needs. On average, travel training can take about 6 weeks. A record of their progress is kept by a Travel Buddy.

During ITT, a person will be supported by a Travel Buddy, who will work with them as they learn and practice their journeys from home to school or college.

We will keep their parent or carer informed of their progress. We can arrange home visits to discuss further if needed.



### **Will ITT affect current transport arrangements?**

Once a young person has been signed off as an independent traveller, we would expect that they they will able to travel to and from school or college using their free public transport pass. We would only sign someone off as an independent traveller, when we are certain that they are able to travel independently.

## What happens when the training is completed?

Once a person feels confident that they are able to make the journey between home and school or college independently, they will be signed off to make future journeys on their own.

### They may also be eligible for:

A pass that will enable them to travel on buses and trains without having to pay a fare, or reimbursement of bus/train fares during training.



## Making Leeds a child friendly city

A child friendly city is somewhere that children and young people feel safe, and where they are involved and informed about what goes on. Children and young people's voices are listened to, and services, places and spaces created the way they want them. Child friendly cities are welcoming places, where people are treated equally.





## **More information:**

For more information about independent travel training, or to speak to one of the team coordinators, please contact:

✉ **Email:** [ITTleeds@leeds.gov.uk](mailto:ITTleeds@leeds.gov.uk)

✂ [Twitter.com/ITTLeeds](https://twitter.com/ITTLeeds)

Social workers can also refer adults who need help to travel by emailing [travelproject.team@leeds.gov.uk](mailto:travelproject.team@leeds.gov.uk)