We want people to understand us.





We might 'look normal' but we are masking.



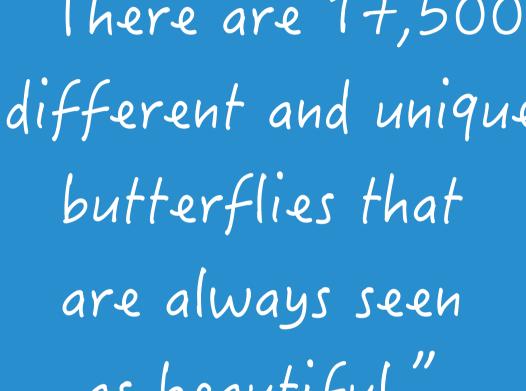




Treat me as a person.



Don't me.



Don't ignore us.



me to stop.

"There are 17,500 different and unique as beautiful."







My disability is my superpower.



Raising awareness of HIDDEN DISABILITIES

What young people want you know



I only open up to people I trust.



Use positive language, not negative language.















